

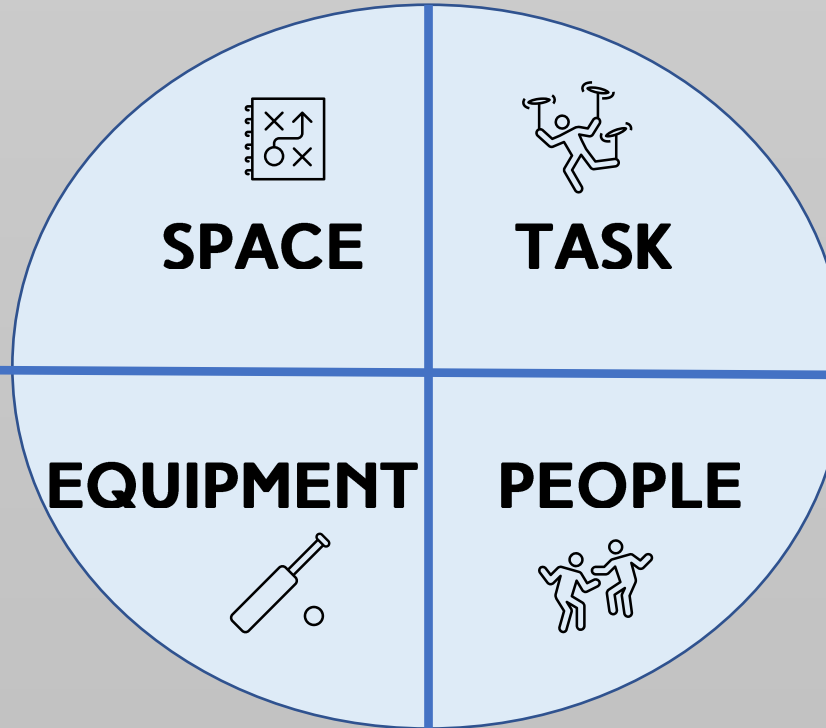
ALL ABOUT STEP PRINCIPLE

During any activities and games the children are doing it is important that they are able to have support or challenge using the STEP principle. Changes can be encouraged by the teacher or created by the children.

Space

Ask the children if they can change the shape or the space they are playing in or around to increase the challenge. Children could also increase/decrease the distance they are away from targets or people.

STEP PRINCIPLE



Task

Ask the children to change the way they are moving when they are completing activities, showcasing different locomotion movements. Children can also change things such as hand/foot they are dribbling with or how they are throwing an object.

Equipment

Ask children to change the equipment they are using to either challenge or adapt how they are working. This could be changing to a smaller/larger, heavier/lighter, traditional/non-traditional piece of equipment. It may also mean adding in more equipment to a game.

People

Ask the children to change who they are doing the activity with or playing against so they can have experience of collaborating and competing with different people. This could also be rotating roles in a team game or selecting individual challenges or 'super powers'.